



The INSSWA Networker

Inside this issue:

Consultant's Corner	2
INSSWA Mini Grants	3
School Social Worker of the Year	3
Membership Corner	3
Sneak Preview-Fall Conference	4
SSWAA Leadership Summit	4
Marketing School Social Work	5

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FROM THE PRESIDENT

Welcome back to the start of the 2006-07 school year. I hope that this summer brought rest and relaxation to you...as well as a chance to catch up on all of those tasks that you didn't seem to have time for during the school year! I know that some of you took vacations, others spent time working around the house, and still others worked another job. Whatever you did, I hope that you were able to enjoy yourself and now feel a sense of excitement about returning to the job that you do so well.

This summer was a busy one for INSSWA with many hours of volunteer and professional service being contributed. I would like to thank everyone who spent time moving our profession forward. Some of the things that occurred were: Lobbying on Capitol Hill, fall conference planning, membership representatives meeting to plan for the coming year, summer workshops, mentor training, portfolio scoring training, various committees hard at work, and continued strong involvement with the Dept. of Education. We have all benefited greatly because of this work.

Congratulations to Michelle Alvarez, who co-authored "Moving into Specialization in School Social Work: Issues in Practice, Policy, and Education" in the School Social Work Journal, Special Issue, Summer 2006.

The Midwest conference will take place on October 19-21 in Lincolnshire, Illinois. INSSWA will offer ten scholarships to this conference. Watch your e-mail for further information. Our own Jeanne Milligan and Jane Zobel will be doing a presentation on "100 Years of School Social Work: Working with Immigrant Students Then and Now"

While attending the SSWAA Leadership Summit this summer, I reported on the following things that are occurring in Indiana: 1-Rules 2002 Indiana Mentoring and Assessment Program (IMAP)---every new school social worker is now required to complete a two-year mentoring program, complete with portfolio. Additional mentors are needed; 2-Indiana has a new Professional Points system which will replace the CRU system; 3-The Student Services Advisory Board is developing a plan

to address the role of student services in the Response to Intervention (RtI) approach; 4-The Children's Social, Emotional, Behavioral Health Plan Task Force has completed their work and the plan is on the DOE website; 5-Our DOE Consultant has been asked to assist with the re-writing of Indiana's Article 7 special education rules; and 6-School Social Workers are trying to find ways to provide services to assist their schools in meeting the standards of No Child Left Behind.

It is an exciting time to be part of the school social work profession in Indiana. As things continue to progress, it is my hope that INSSWA can serve to help keep you informed.

We teach kids to share all the time. Let's begin to share as a profession. If you have any programs that you would like others to know about, resources that you have found valuable, or know of workshops that are being held in your region, please let me know. The newsletter can be a valuable resource for sharing these types of things.

Celebrating 100 years.

Terry Miller, President

CONSULTANT'S CORNER

I hope that you are all feeling rested, refreshed and ready for the new school year! I will be celebrating my one year anniversary at the DOE on August 1st and I am finding it difficult to believe that I have been here for a year. It has been a very busy two months, and I have to admit to missing the more leisurely pace of past summers.

The month of June was devoted to writing a federal grant with a focus on improving school's access to mental health services. This was a collaborative effort between The Office of Student Services, the Division of Exceptional Learners, the Truancy Court and Pike Township and was an opportunity for us to model the tiered intervention framework of student services that was developed from the work of The Student Services Advisory Board. Approximately 20 grants will be funded across the country so I would imagine it will be very competitive. Writing the grant was very instructive, however, and I am hoping we will be able to implement some of the ideas regardless of the outcome.

In July I was fortunate to be able to join Terry Miller, Beth Hoban, and on Capital Hill Day, Jyoti Weaver, in Washington, DC for the SSWAA Leadership Summit. It was

a very informative few days, particularly as we were able to speak with Julia Carson, and representatives from Senator Bayh's and Senator Lugar's offices. I returned to Washington a few days later to attend the UCLA Mental Health in Schools Leadership Summit where state leaders focused their attention on best practice models of student service delivery, with an emphasis on linking services to student achievement.

July was also the month of the Student Services Summer Institute, during which we provided Student Assistance Core Team Training and completed a Training of Trainers, so that training can be provided regionally throughout the state in the future. Our School Social Work Mentors also completed their training this summer and will be available to assist beginning school social workers with their portfolio requirements as they begin their careers. INSSWA members Michelle Alvarez, Mil Penner and Beth Nord-Kirsch, among others on the committee, are to be commended for their efforts in representing the interests of school social workers in the development of the portfolio.

Requirements for renewing the Division of Professional Standard's license changed as of July 1st this year. The Student Services

License Renewal "Professional Growth Plan" can be found on-line at www.doe.state.in.us/dps/renewal/growth/docs/schoolservices_renewal.pdf. Questions regarding this document can be e-mailed to DPShelpdesk@doe.state.in.us. If you are returning to a new school placement this school year, please contact me with your new information so I can keep my e-mail list current. If you have yet to send me your information, give me a call at 317-232-9135 or e-mail me at dkempson@doe.state.in.us so that I can keep you updated with what is going on around the state. With a new legislative session coming up in the fall I am sure the news will continue to be interesting!

Good luck with all your endeavors this year! Please call me if I can be of any help and let me know if you would like me to visit your school. I made several trips around the state during this past year and it was certainly one of the most enjoyable parts of my work.

Dee Kempson, LSW, ACSW

IDOE School Social Work Consultant.

Eastern Region News

INSSWA's Eastern Region celebrated school social work week by hosting a regional meeting, "Celebration of One Hundred Years of School Social Work". Dr. Marion Wagner, Executive Director of Indiana University School of Social Work was the speaker. She discussed the history of school social work and the future challenges that face school social workers. Ten people attended the regional meeting

held at the Legacy Fund Community Foundation in Carmel, Indiana on Saturday, March 4, 2006. A delicious breakfast was served and school social workers were able to network with others through out the state. There were many perks in attending this meeting including: two (*free*) CEU's were offered, great door prizes, Ms. Johnna Welch, massage therapist, gave (*free*) shoulder massages, and a school social work

history quiz. Carolyn Perry and Kimberly Wynkoop, Eastern Region Representatives, are looking to the fall to have an Eastern Regional Meeting up in the northern part of the region near the Warsaw area. If you have a topic that you would like to see covered, or if you are in the Eastern Region and would like to help host a regional meeting, then please contact Carolyn Perry at cperry@kokomo.k12.in.us.

NEW MEMBERSHIP BENEFIT!!! MINI-GRANTS BEING OFFERED BY INSSWA!!!

INSSWA will be offering mini-grants of \$100 to \$500 to help support direct service programs that strengthen school social work services. Applicants must be a regular member of INSSWA and complete the application by December 1, 2006.

Awardees will be notified by January 1, 2007. Look for the guidelines and applications in your Membership Renewal Packets coming to you in August. We are very excited to be able to assist you in providing direct services to your students and

their families. If you have questions, please contact any member of the Mini-Grant Committee:

Terry Miller, Susan Nichter, Pam Constable, Megan Thomas, and Jane Zobel.

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FROM THE MEMBERSHIP CORNER

Remember, you must get your membership renewal from in by October 1st to qualify for the member rate for the Fall Conference on November 3, 2006.

We hope you are finding your summer relaxing, rejuvenating and full of promise for your return to school in August. We continue to see an increase in membership through the assistance of our membership representatives. Remember that you can contact either your regional membership representative or the membership co-chairs with any questions you may have.

Check your mailboxes the first week of August for a

packet of information we will be sending out. In your packet you will find:

- Welcome letter
- Information about SSWAA (School Social Work Association of America)
- Membership renewal form
- Information about the application for new mini-grants

Remember...you must get your membership renewal form in by October 1st, 2006 to qualify for the

member rate for the Fall Conference on November 3rd, 2006.

--Linda Temme and Jane Zobel are Co-chairs of the Membership Committee—contact either of them for information at: JeZobel@comcast.net or Temmel@ips.k12.in.us.

-- If you have a colleague who would like to join INSSWA, the membership form will be available on our website at www.insswa.org

School Social Worker of the Year

Jane Zobel, School Social Worker for Indianapolis Public Schools, has been named the Indiana School Social Worker of the Year, 2006. In a letter written by Lynn Henderson, principal at IPS #20, she notes "Jane is a strong leader who is dedicated to doing the right thing for students and their fami-

lies.....she works very hard with staff and students to promote a sense of pride within the building.....she serves in a number of building and district wide committees". Jane is also known for her dedicated service to professional organizations including serving as the Midwest School Social Work

Council Recognition chairperson, the INSSWA Membership Co-chairperson, and INSSWA President, 2003-2005. Since 2000, Jane has been an Indiana University School of Social Work Field Instructor and she is currently a member of the Indiana Dept. of Education's Student Advisory Board.

Jane is a true professional who advocates and works for student success.

Jane will be formally recognized at both the Midwest Annual Conference and the INSSWA Fall Conference.

Congratulations, Jane!

SNEAK PREVIEW INTO FALL CONFERENCE

The Indiana School Social Work Association (INSSWA) fall conference planning committee has been very busy preparing for the 10th Annual Fall Conference, "100 Years of School Social Work: Celebrating the Past, Embracing the Future". The conference will be held on Friday, November 3, 2006. The location for the conference will be at the Garrison at Fort Harrison, 6002 North Post Road in Indianapolis, Indiana.

The conference will begin with the keynote speaker, Janice Harris Lord, ACSW-LMSW/LPC; she is a national consultant for crime victim issues. The title of the keynote is "Homicide and the Children Left Behind". Ms. Lord will also do a breakout session "Trauma Grief Groups for Children".

Also scheduled to speak during the

breakout sessions at the conference includes Mary Beth Harris, Ph.D., LCSW, who is one of the editors of the newly published "*The School Services Sourcebook: A Guide for School*". The title of her workshops include "Showing the Values of Our Work: Communicating Service Results to the School and the Community". She will do a breakout session regarding adolescent mothers. Other topics that will be covered include:

- Internet threats and safety concerns & interventions for school social workers and parents
- Experiential techniques
- Update on the Student Services Advisory Board Plan addressing barriers to learning
- Hispanic culture and community

•Autism Spectrum Disorders in the school setting

•Homeless families

Also, Stern's bookstore will be set up during the conference. INSSWA will have their retail shop open with lots of new school social work items. Look for your brochure coming to your mailbox very soon, and the brochure will soon be online at the insswa.org. All this great information and the cost of the conference is still only \$60 if you are an INSSWA member and pay the early bird rate. Non-members, the early bird price is \$100, and student rate is only \$30. If you have any questions, or need more information, then please contact Terry Miller at Phillip@iquest.net or Beth Hoban, mbhoban@verizon.net. So, mark your calendar and save the date, **Friday, November 3, 2006!**

SSWAA LEADERSHIP SUMMIT

INSSWA President Terry Miller, President-Elect Beth Hoban, and DOE Consultant Dee Kempson attended the SSWAA Leadership Summit in Washington D.C. in July. While there, they had the opportunity to interact with school social work leaders from throughout the country, while also learning about strategies for marketing school social work services. Workshops were held on Survivor Skills for School Social Workers, Modeling Collaboration, Advocacy Training for Capitol Hill, and School Social Work and the Press.

One of the highlights of the trip was the opportunity to lobby on Capitol Hill (joined by our excellent guide, Jyoti Weaver). Meetings were held with legislative assistants from Senators Lugar and Bayh's offices, as well as from Representatives Burton and Carson's offices. Among the topics that were lobbied for were the continued funding of the Elementary and Secondary School Counseling Program and the Reauthorization of the Elementary and Secondary Education Act (ESEA= "No Child Left Behind"). While talking, we were able to educate our contacts on what school social workers do for students and how

valuable their services are in overcoming barriers to learning. We found them to be very open to listening to what we had to say.

Now, more than ever, it is important for all INSSWA members to be aware of

what is happening on both a state and national level. Keep in regular contact with your Senators and Representatives.



MARKETING SCHOOL SOCIAL WORK

As social workers, we are generally reluctant to “promote” ourselves. However, if we want others to recognize the valuable role we play in our schools, we must take credit for what we do. Some strategies for helping people in your community and in your school learn about what you do:

- Design a school web page that provides information about your services.
- Offer to be a “guest speaker” at a faculty meeting, a school board meeting, a PTO meeting, or for a community agency. INSSWA has a nice PowerPoint presentation that can be amended to fit your individual needs. You can include not only “what is a school social worker”, but also highlight the kinds of services you provide to your community

and school.

- Share information about your programs/services with your local newspaper (this may require checking with your school corporation first). Highlight the positives that are happening in your school. During School Social Work Week, ask them to do a story on your services/special programs.
- Establish a relationship with a local reporter. When doing other stories, he/she may turn to you for “expert opinion” on mental health issues.
- Write articles for your school newsletter and/or for your local newspaper. This helps parents become familiar with your name while getting out information that no one else might think about writing about.

•Collaborate with other professionals in your school/corporation. Help them to understand what you do and how your perspective on things differs from theirs. Offer to serve on corporation committees. Offer to do workshops at other professional conferences (counselors, NEA, etc).

•Maintain contact with your state Representatives and Senators. Let them know when you have issues of concern or when you appreciate the way they voted on an issue. Educate them on what services you provide that help students. Help them to recognize the personal stories that accompany every program and statistic. There is strength in communication.

~Terry Miller, President

ADHD RESOURCES

New and updated information and resources are now available to assist you in working with students/families who are living with Attention Deficit Hyperactivity Disorder.

** “Shelley the Hyperactive Turtle”, by Deborah Moss. The 2nd edition of this delightful book has just been published. This new version replaces the page where Shelley undergoes an EEG to help diagnose his ADHD with a page that has the doctor observing Shelley and talking to his mother about his behavior. It is a good book to share with students.

** Daytrana---A new, once daily treatment for ADHD available in 10, 15, 20, and 30mg dosing strengths, containing the drug methylphenidate. In patch form and worn on the hip

area for approximately 9 hours.

** A free, 2 hour course on “ADHD and Medication” is available through www.naceonline.com.

If you have never taken an online course before, it is very easy to do. Take the course at your convenience, complete a test at the end, and then print out your continuing education certificate. It is an easy, and inexpensive, way to earn your continuing education credits. This particular course discusses the common types of medications used to treat ADHD—stimulants and non-stimulants, how they work to improve ADHD symptoms, the safety and efficacy of these medications, adverse effects, and recommendations for their use. Information about commonly used medications to treat

children with ADHD who have co-morbid disorders is also presented.

** ADDitude magazine—Each bi-monthly issue offers up-to-date information, expert advice, parenting tips, and real-life experiences for people with ADHD. Some recent articles included: Safeguard Your Impulsive Child This Summer, 12 Secrets of Parenting Success, When It’s More than Just ADD, and Self Esteem Secrets for Kids. A Professional Rate subscription to the magazine is \$10/year and brochures for a free complimentary issue are available by contacting Paula Grande, Marketing Coordinator at:

<paula@adoptivefamilies.com>



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Calendar of Upcoming Events & Contact Information

September 1—Workshop proposals due for SSWAA National Conference in April, 2007 www.sswaa.org

September 23—INSSWA Board Meeting Phillip@iquest.net

September 28-29—"Suicide: Beyond Crisis, Responding with Compassion" Presented by MHA in Vanderburgh County & Southwestern Indiana Suicide Prevention Coalition, Community workshop on 9/28, from 7-9pm; Professional development on 9/29 from 8am-3pm

October 1—INSSWA Membership fee due

October 4-6—NASW 30th Professional Development Conference www.naswin.org

October 5—"A Mentally Healthy Community: Focus on Suicide" Presented by MHA -Marion County www.mcmha.org

October 6—Early Bird registration deadline for INSSWA fall conference

October 19-21—Midwest School Social Work Conference, Lincolnshire, Illinois www.iassw.org

November 2—INSSWA Membership Representatives evening meeting

November 3—INSSWA 10th Annual Fall Conference, Indianapolis mbhoban@verizon.net

December 1—INSSWA Mini-Grant applications due. Mail to: INSSWA, P. O. Box 47791, Indianapolis, IN 46247

March 4-10, 2007—School Social Work Week

April 19-21, 2007—10th Annual National SSWAA Conference, Orlando, Florida www.sswaa.org